



**WHALER'S COVE**

Senior Living  
Made Easy



Whaler's Cove Assisted Living strives to be one of the best senior communities on the South Coast. We have been supporting and empowering those in our community for nearly two decades. As the only privately owned assisted living facility in New Bedford, we pride ourselves in adapting to each of our residents' cultural and ever-changing health needs, while providing safe and comfortable apartment-style living to many senior adults who receive the care they need while maintaining their independent lifestyles.

Whether you are a senior looking for a short-term stay or would like to settle down with us for good, we offer a wide range of living options and services to manage the challenges and promote the joy of retired living.

We invite you to visit Whaler's Cove — tour the community and learn more about how we can support you. Tours are conducted Monday-Friday, 8:30 am to 5:00 pm and Saturday by appointment.

## AMENITIES AND SUPPORTIVE SERVICES

Whaler's Cove offers maintenance-free apartments with a full-range of amenities and supportive services. You get a feel of a home-like setting with personal privacy, freedom, and independence.

### CONVENIENT AMENITIES

- Private Dining Room
- Great Room with Fireplace
- Library
- Reflection Room
- Billiards Room
- Complimentary Wi-Fi
- Multiple Resident Laundry Rooms
- Auditorium
- Handicap accessible van for off-site activities
- Indoor Gardens
- Card and Game Room
- Country Store
- Sunroom
- Furnished Respite or "Short Stay" Apartments
- Hair Salon

### SERVICES

- 24-hour staff coverage
- Personal care assistance available for bathing, dressing, grooming, and toileting
- Reminders available for self-administered medication management
- Weekly housekeeping
- Three delicious meals served daily in the dining room
- Social, recreational, and cultural activities
- Health and wellness programs



## AFFORDABLE ASSISTED AND INDEPENDENT LIVING RESIDENCIES

All our apartments, regardless of square footage, are bright and airy. The large windows let in ample natural light and high ceilings give an expansive feeling to the residences. Contact us today about availability.

### EACH ONE OF OUR APARTMENT RENTALS INCLUDES:

- Kitchenette
- Microwave and refrigerator
- Private bathroom equipped with grab bars, hand-held showerhead and heat lamps
- Weekly housekeeping and laundry service for linens and towels
- State-of-the-art Lifeline "Auto-Alert" Emergency Response System
- All utilities (cable and telephone excluded)
- Pre-wired for cable and phone
- Large windows with blinds and window treatment
- Generous closet space
- Individually controlled heating and air conditioning
- Smoke detectors and sprinklers



501 sq. ft.



870 sq. ft.



1,099 sq. ft.



**One Bedroom Apartment**



**Bathroom**



**Bedroom**



**Studio Apartment**

## AN EXCEPTIONAL DINING EXPERIENCE

Eating nutritious meals each day becomes even more important as we age. We not only provide a variety of meals that caters to specific dietary needs and preferences, but we offer restaurant style dining made to enjoy in the company of fellow residents.



## SOCIAL LIFE

Those who regularly engage in social activities are generally happier and healthier.

Our residents are offered a myriad of quality activities and entertainment. Activities include outings in the surrounding area for shopping, theater, groceries, gambling, dining and much more. Additionally, Whaler's Cove hosts many local musical entertainers, pet therapy, religious and educational programs, games, and exercise classes here in the community routinely every day.

## DAILY MENU SAMPLE

### BREAKFAST OPTIONS:

BANANA  
OATMEAL  
SCRAMBLED EGGS/TOAST  
CEREAL  
OVEN BROWNED POTATOES  
FRENCH TOAST

### LUNCH OPTIONS:

KALE SOUP  
BAKED FISH  
COUNTRY FRIED STEAK  
FRENCH FRIES AND PICKLE  
CHEESECAKE TARTS

### DINNER OPTIONS:

ITALIAN WEDDING SOUP  
CHICKEN PARMESAN SANDWICH  
CHILI WITH CORNBREAD  
BROCCOLI  
PEACHES AND CREAM

## WE PROVIDE ASSISTANCE

Living on a fixed income and affordability go hand in hand when it comes to housing. Since our start, we have been sensitive and proactive when it comes to providing financial assistance to residents who qualify for it at Whaler's Cove Assisted Living. Our application process allows us to verify each potential residents' income and assets, and eligibility for the programs we offer here, and we can discuss your options with you.

### ASK US ABOUT:

Low-income pricing • Companion Opportunities • Veterans Benefits



## TAKING THE STEPS TO MAKE YOUR MOVE

### STEP # 1 – THE APPLICATION

Each prospective resident will complete an "Application for Residence." This application will tell us more about you, your interests, and your financial history.

### STEP # 2 – CLINICAL ASSESSMENT

Prior to your move-in, your primary care doctor will be asked to complete a "Physician Clearance Form." Also, our Wellness Director will meet with you to learn more about your medical history and begin to plan for your care.

### STEP # 3 – CHOOSING YOUR APARTMENT

A member of the Marketing Department will call

you to select the studio, one bedroom apartment, or two bedroom apartment of your choice.

### STEP# 4 – CLOSING

Plan your move-in date and schedule a paperwork "closing" to sign other necessary documents and to prepay first and last month's fee. This is usually done 1-14 days prior to your actual move-in date.

### STEP # 5 – MOVING TO YOUR NEW HOME

Move in and experience the warmth of our extensively trained staff, meet new neighbors, and begin to enjoy the security of Whaler's Cove, your new home.



More than just a residence, Whaler's Cove Assisted Living is a place to call home. As the only privately owned assisted living facility in New Bedford for nearly two decades, you can expect personalized care by staff who are more like family.

**CONTACT US TODAY AND START YOUR NEW CHAPTER WITH WHALER'S COVE ASSISTED LIVING.**



**114 RIVERSIDE AVENUE • NEW BEDFORD, MA 02746 • 508-997-2880**

## DIRECTIONS TO WHALER'S COVE

### **From Points North – Boston**

From I-93 take Route 24 South to Route 140 South to New Bedford, to Route 195 East to Exit 27 (Washburn Street). At bottom of ramp, turn right on Washburn Street.

\*Take your next right onto Belleville Avenue and continue for 6/10 miles to Coffin Avenue. Turn right onto Coffin Avenue. Take first left to Riverside Avenue. Whaler's Cove is located at 114 Riverside Avenue.

### **From Points South – Providence**

Take Route 195 East to Washburn Street, Exit 27

*Refer to asterisk From Points North*

### **From Points East – Cape Cod**

Take Route 195 East to Coggeshall Street, Exit 28. At bottom of ramp take left onto Coggeshall Street. Turn right onto Belleville Avenue at first set of lights.

*Refer to asterisk From Points North*



EQUAL HOUSING  
OPPORTUNITY