

Whaler's Cove Assisted Living  
114 Riverside Avenue  
New Bedford, MA 02746



October Birthdays

In astrology, those born from October 1–22 balance the scales of Libra. Libras strive for equilibrium and symmetry and flourish in harmonious partnerships. Those born from October 23–31 are Scorpios. Scorpios cherish the truth and are not afraid to go to extraordinary lengths to uncover mysteries and get what they want.

- Kelly Ripa (talk show host) – Oct. 2, 1970
- Susan Sarandon (actress) – Oct. 4, 1946
- Jesse Jackson (minister) – Oct. 8, 1941
- Hugh Jackman (actor) – Oct. 12, 1968
- Usher (singer) – Oct. 14, 1978
- Naomi Osaka (tennis pro) – Oct. 16, 1997
- Mae Jemison (astronaut) – Oct. 17, 1956
- Chuck Berry (musician) – Oct. 18, 1926
- Kamala Harris (vice president) – Oct. 20, 1964
- Ryan Reynolds (actor) – Oct. 23, 1976
- Winona Ryder (actress) – Oct. 29, 1971

Happy Birthday to Our Residents...

Barbara S.	October 2nd
Lucillia F.	October 3rd
Jill G.	October 9th
Robert G.	October 19th
Mary M.	October 19th
Barbara G.	October 21st
Donna H.	October 22nd
Barbara M.	October 31st



October 2022



Whaler's Cove Assisted Living  
The Port of Call

114 Riverside Avenue  
New Bedford, MA 02746  
P: 508-997-2880 F: 508-997-1599

Dancing Queen



Meet Johanna Sylvia–Leahey Whaler's Cove resident since July 2022. Johanna is the social butterfly of our community. You can usually find her walking around with fellow residents, reading a book in our lower lobby or dancing away at one of our events.

Johanna was born and raised in New Bedford with her two sisters and parents who divorced when she was 8 years old. She attended school in New Bedford until she went on to college at UMass Dartmouth (SMU) for Marketing Management. While getting a degree, Johanna started at Furniture City as a Sales Associate where she worked up until they closed. She then went on to work in flooring sales where she did well and even saved up enough

to build her own home in Dartmouth. She was very independent and loved to travel and go out dancing with her girlfriends.

One night while out at a club in Warwick, RI Johanna's girlfriends dared her to ask a guy to dance. She says he was standing alone, leaning up against a post, when she approached him. His name was George, and he was Irish with blonde hair, blue eyes, and silly dance moves. Johanna jokes he was not her usual type. Regardless, they hit it off and dated for about a year before tying the knot when she was 29 years old. Johanna says she met a few frogs before landing her prince charming.

After getting married, George moved to Dartmouth with Johanna. they lived a beautiful life together often going on joy rides, out dancing, and spending time with family. George passed in 2019 but his memories will live with Johanna forever.

These days Johanna is still surrounded by her loving family. Her nieces and nephew Lora, Lisa, and Michael were a big part of her life when they were younger and big supporters now that she's older. She loves watching their life unfold and being a part of their new families. She also loves her bonus family here at Whaler's Cove!

Learn to  
Bowl Month

Country  
Music Month

International  
Day of Older  
Persons  
October 1

Sukkot  
October 9–16

Indigenous  
Peoples' Day  
October 10

Silly Sayings  
Day  
October 13

International  
Artists Day  
October 25

Senior Health  
& Fitness  
Day  
October 26

Halloween  
October 31

## Join Us in Celebrating 20 Years!



**LET'S CELEBRATE!**

*Please Join Us in Celebrating our 20th Anniversary!*

### WHALER'S COVE ASSISTED LIVING

**WEDNESDAY, NOVEMBER 2, 2022**

**5:00 -- 7:00 PM**

**114 RIVERSIDE AVENUE**

**NEW BEDFORD, MA 02746**

Residents are invited to bring up to two guests.

RSVP to the Reception Desk at

508-997-2880

by October 2, 2022

*Appetizers and champagne will be served  
Cocktail attire.*

## Cookie Dough Dip



**Ingredients:** \* 1 8-ounce pack Philadelphia Cream Cheese \* 1 cup light brown sugar \* 1 tablespoon vanilla extract \* 1 cup mini semi-sweet chocolate chips

### Instructions:

1. In a bowl, beat the cream cheese, brown sugar, and vanilla, for about 2-4 minutes.
2. Fold in the mini chocolate chips until evenly distributed in the dip.
3. Serve with dippers like pretzels, green apples or chocolate graham crackers, waffle cones, or get really wild and try a sweet and salty combo with corn chip dippers!

## Employee of the Month



Congratulations to Maintenance Director, Eric Costa, for receiving October's Employee of the month. Eric started at Whaler's Cove in August 2008 as Maintenance Assistant, working his way up to Maintenance Director in August of 2010.

Eric is responsible for building maintenance and preventative maintenance efforts including the building's HVAC, electrical, plumbing, carpentry, major appliances, renovations, and coordination of outside vendors and contractors. He manages housekeeping, coordinating daily, weekly, and monthly schedules of duties and assignments, and oversees the OSHA program ensuring efforts meet our operational and safety standards and any applicable laws and regulations.

Eric and his team have been instrumental in supporting our community and caring for our residents. Each day he puts our residents first. Maintenance requests from our residents and staff are top priority, day in and day out. He drops what he is doing and jumps right in, because in times like these, something as small as the batteries needing to be changed on the TV remote can make the difference between a good or bad day.

Not only is Eric on call for emergencies, like when all the boilers had shut down, but he is also always on hand for all staff meetings, community celebrations and to assist with resident move-ins. He is more than just a Maintenance Director; he is a friend to all resident and staff. Most holidays you will find him here dressing as Santa, Maui, or himself all because he enjoys making sure residents are happy! This is just the kind of person he is. We are truly blessed to have him on our team!



## 3rd Annual Thanksgiving Food Drive

On October 29, 2022, we will be hosting our 3<sup>rd</sup> Annual Thanksgiving Food Drive in partnership with United Way of Greater New Bedford for their Hunger Heroes Project. The food drive will take place in our lower lobby area where guests can donate non-perishable thanksgiving food items (listed below). Although the event will take place on the 29<sup>th</sup>, we will be collecting all month.

Stay tuned for additional event details!

### Accepted Food Drive Items:

- Stuffing
- Bread mix
- Instant Potatoes
- Gravy
- Cranberry Sauce
- Canned vegetables
- Boxed desserts

