

Whaler's Cove Assisted Living
114 Riverside Avenue
New Bedford, MA 02746

September Birthdays

In astrology, those born from September 1–22 are Virgo's virgins. Often symbolized by the goddess of agriculture, Virgos are logical, practical, and aware of every detail. Those born from September 23–30 balance the scales of Libra. Libras strive for equilibrium and symmetry and flourish in harmonious partnerships.

Lily Tomlin (comedian) – September 1, 1939
Salma Hayek (actress) – September 2, 1966
Beyoncé (singer) – September 4, 1981
Idris Elba (actor) – September 6, 1972
Misty Copeland (dancer) – September 10, 1982
Tyler Perry (producer) – September 13, 1969
B. B. King (musician) – September 16, 1925
Bruce Springsteen (singer) – September 23, 1949
Jack LaLanne (fitness guru) – September 26, 1914
Ed Sullivan (TV host) – September 28, 1901

Happy Birthday to Our Residents...

Charles W. September 8th

Jose S. September 17th

John M. September 24th



September 2022

Whaler's Cove Assisted Living The Port of Call

114 Riverside Avenue
New Bedford, MA 02746
P:508-997-2880 F:508-997-1599



**Classical
Music Month**

Piano Month

**Hispanic
Heritage
Month**

*September 15–
October 15*

**World Letter
Writing Day**
September 1

**Labor Day
(U.S.)**
September 5

**Grandparents'
Day**
September 11

**World
Alzheimer's
Day**
September 21

**Rosh
Hashanah
Begins**
September 25

Destination Happy



Meet Richard Harding, Whaler's Cove resident since May 2022. Richard was born and raised in Rockland, MA with his parents and four siblings. His father was a school principal, and his mother was a Registered Nurse. Richard attended UMass Dartmouth where he earned his Bachelor of Science in Textile Technology. He then attended the Institute of Textile Technology in Virginia where he earned his BNMS.

Richard started his early career in Machinery Development and Product Testing and gradually moved into Production Management in Greenville, South Carolina. He eventually took a position in New York City as Manager of Home Fabric Marketing for the US Cotton Industry. After some time in that position, Richard was transferred to Osaka, Japan to work as the Manager of Far East Marketing. After two years, he finally moved back to South Carolina working as Manager of International Marketing with the same company that he started his career with. It allowed him to travel to South America, Europe, Africa, and Asia.

Job pressure, frequent travel, plus a young child at home led Richard to career burnout when he decided to stay closer to home and his family. At home, Richard enjoyed gardening, home improvements, and furniture making while working as an Assistant Store Manager at an old-fashioned, family run hardware store in Greenville. It turned out to be the most fun and satisfying job for him in many years. His then wife accepted a job in Fairhaven when him and his family moved to the Southcoast.

Long ongoing health problems led Richard to Whaler's Cove. He is fairly new to the community but has already made many friends and says he enjoys bringing some goofiness and humor to his wonderful neighbors here. Richard says transitioning to assisted living wasn't an easy decision, but now he feels at home.

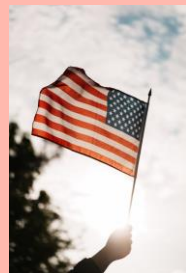
Richard has traveled the world and seen so many different things, and we are so glad he made Whaler's Cove his destination!

Assisted Living Week – Joyful Moments

National Assisted Living Week is observed in September. Established in 1995, National Assisted Living Week provides a unique opportunity for residents, their loved ones, staff, volunteers, and the surrounding communities to recognize the role of assisted living in caring for America's seniors. **Each year it begins on National Grandparents Day** and honors the individuals served, as well as the individuals who serve, in assisted living and residential care communities across the nation.

This year's National Assisted Living Week (September 11-17) theme is "Joyful Moments. The annual, national observance – officially sponsored by First Quality in 2022 – provides a unique opportunity for residents, their loved ones, staff, volunteers, and local communities to celebrate the individuals who live and work in assisted living and learn more about this sector of long-term care.

"We are excited to highlight the truly 'joyful moments' in life during this year's National Assisted Living Week," said NCAL Executive Director LaShuan Bethea. "The communities where our residents live are so much more than just that. They are places where caregivers, residents, family members, and so many more come together as an extended family and create joyful, happy memories. After the challenges of the past few years, this theme is the perfect way to honor those relationships and celebrate every special moment"



Employee of the Month



Congratulations to Dietary Aide, Salva Britto, on receiving September's Employee of the Month. She has been employed with Whaler's Cove since September 2017. Salva is a very hard and dedicated worker. She picks up shifts when needed, always looks to support her coworkers, and even assists with prep occasionally for the chefs.

You can always find Salva with a smile on her face. She loves laughing and having fun with our residents. She accommodates all of their needs and treats them with nothing but dignity and respect.

Salva went above and beyond helping Katie and the two chefs during Covid lockdown and most recently at our annual cookout. She is a committed employee who always looks to always improve herself and learn new things.

Thank you Salva for being loyal, taking the initiative to help meet the needs of our residents and demonstrating all the qualities that makes a great team member!

