Whaler's Cove Assisted Living 114 Riverside Avenue New Bedford, MA 02746



June Birthdays

In astrology, those born June 1–20 are Gemini's Twins. Energetic and spontaneous, Geminis are great at connecting with others. Those born June 21–30 are the Crabs of Cancer. Guided by their hearts, Crabs are emotional and nurturing, creating deep bonds with friends.

Morgan Freeman (actor) – June 1, 1937
Angelina Jolie (actress) – June 4, 1975
Prince (musician) – June 7, 1958
Maya Moore (athlete) – June 11, 1989
Anne Frank (diarist) – June 12, 1929
Venus Williams (athlete) – June 17, 1980
Zoe Saldana (actress) – June 19, 1978
Lionel Richie (singer) – June 20, 1949
Pearl S. Buck (writer) – June 26, 1892
Helen Keller (activist) – June 27, 1880
Lena Horne (singer) – June 30, 1917

Happy Birthday to Our Residents...

Pauline O. June 12th

Edward S. June 12th

Lucille M. June 19th

Johanna S. June 20th

Beverly H. June 20th



June 2023



Whaler's Cove Assisted Living Monthly Newsletter The Port of Call

114 Riverside Avenue New Bedford, MA 02746 P: 508-997-2880 F: 508-997-1599

Men's Health Month

Perennial Gardening Month

Go Barefoot
Day
June 1

World Bicycle Day June 3

D-Day *June 6*

Flag Week (U.S.)
June 11–17

Worldwide
Day of
Giving
June 15

Father's Day
June 18

Social Media
Day
June 30

Welcome New Social Worker Lisa Preikszas



We are delighted to introduce Lisa Preikszas, our new part-time social worker at Whaler's Cove Assisted Living. Lisa brings a wealth of experience and a compassionate approach to her role, making her a valuable addition to our dedicated team.

With a passion for supporting individuals in need, Lisa's background in psychology and social work has prepared her to provide exceptional care and assistance to our residents and their families. She holds a master's degree in social work and has previous work history in assisted living specifically, giving her a deep understanding of the unique challenges faced by seniors.

As a social worker, Lisa's primary focus is to enhance the quality of life for our residents. She will be actively involved in assessing their individual needs, helping to develop personalized care plans, and coordinating essential services. Lisa's expertise extends to providing emotional support, assisting with transitions, and connecting residents with community resources.

Her compassionate and empathetic nature ensures that she will be an excellent advocate for our residents, working tirelessly to address any concerns and facilitate open communication between residents, families, and our staff. Lisa will collaborate closely with all departments to ensure an all-inclusive approach to resident care.

Lisa will be available Monday-Friday from 10:00 am-3:00 pm (eventually shifting to full-time hours), ensuring that she is accessible to residents, their families, and staff. We encourage everyone to take advantage of this valuable resource by scheduling appointments or dropping by during her office hours. Lisa's warm and friendly personality will undoubtedly make you feel comfortable discussing any concerns or seeking guidance.

We extend our warmest welcome to Lisa Preikszas, confident that her expertise and dedication will make a positive impact in our community and on the lives of our residents. As always, we are committed to providing exceptional care and fostering a supportive community.

#essential

National Nursing Assistants Week

We are thrilled to announce that National Nursing Assistant Week is just around the corner, and here at Whaler's Cove, we are eagerly preparing to celebrate and honor the remarkable individuals who provide exceptional care and support to our residents every day.

From June 15th to June 21st, With the theme of "We're Unstoppable," National Nursing Assistant Week offers us the perfect opportunity to recognize the dedication, compassion, and hard work of our incredible nursing assistants (CNA's). These dedicated professionals play an integral role in our community, ensuring the comfort, safety, and well-being of each resident while fostering an environment that feels like home.

We would like to take this moment to express our deepest gratitude to our extraordinary team of CNA's. Your tireless efforts and unwavering commitment have a profound impact on the lives of our residents and their families. Your presence brings comfort, reassurance, and peace of mind to them each day.

we firmly believe that our CAN's are the heart and soul of our community. Their dedication and unwavering support ensure that each resident receives the highest quality of care and attention they deserve.

On behalf of the Whaler's Cove family, we extend our heartfelt appreciation to our nursing assistants for their unwavering commitment and compassion. Your hard work and selflessness make a significant difference in the lives of our residents, and we are truly grateful for your presence.



Payment of Salon Services

We understand the importance of maintaining a well-groomed appearance and the positive impact it can have on our residents' well-being. Our on-site hairdressing services have always been popular, providing residents with a convenient way to enhance their personal style and boost their confidence.

However, we have noticed a recent trend where some residents have been booking appointments without ensuring they have appropriate funds available. It is crucial to remember that these services come at a cost, and it is essential to plan accordingly in order to make full payment on appointment day and to avoid any financial strain or inconvenience.

Thank you for your understanding and cooperation.

Honoring our Beloved Fathers and Role Models

As June begins, we have the pleasure of celebrating an occasion that holds a special place in our hearts – Father's Day. We want to take a moment to recognize and honor the incredible fathers within our community, who have played a significant role in shaping the lives of their loved ones.

Father's Day is a time to express our deep appreciation and gratitude for the unwavering love, guidance, and support our fathers have provided throughout the years. These remarkable individuals have enriched our lives with their wisdom, strength, and kindness. Their presence and influence have left an indelible mark on our community.

On this special day, we invite you to join us in celebrating and honoring our beloved fathers. Whether they are our own fathers, grandfathers, or cherished father figures, their contributions deserve our recognition. Let us show our appreciation for their unconditional love and the countless ways they have made a positive impact in our lives.



Employee of the Month



It is with great pleasure that we announce our Employee of the Month for June, Cheyenne Burris. Cheyenne has consistently demonstrated outstanding dedication, professionalism, and a genuine passion for providing exceptional care to our residents. She was most recently promoted to Lead Certified Nursing Assistant (CNA).

Throughout her time at Whaler's Cove, Cheyenne has been a great example of excellence in her role as a

CNA. Her exceptional qualities and unwavering commitment to our residents and team members have not gone unnoticed. She consistently leads by example, embodying the values of compassion, respect, and empathy. Her positive attitude and willingness to go above and beyond create an uplifting atmosphere for both residents and colleagues.

As an experienced CNA, Cheyenne has shown remarkable patience and understanding when training new team members. She takes the time to ensure that they feel supported, equipped with the necessary skills, and confident in their roles. Cheyenne's nurturing approach creates a welcoming environment and fosters a sense of teamwork.

In the face of staffing changes and unexpected challenges, Cheyenne's ability to adapt and roll with the punches has been invaluable. She consistently demonstrates flexibility and ensures that our residents receive the care they deserve. Her resilience and resourcefulness make her a trusted and reliable team member.

Cheyenne is very reliable. She consistently shows up for her shifts on time, ready to provide the highest quality of care. With her exceptional skills, leadership qualities, and unwavering commitment, it is no surprise that Cheyenne has been promoted to the position of Lead CNA. In her new role, she will continue to inspire and support our team, ensuring the delivery of exceptional care and maintaining our commitment to resident well-being.

Please join us in congratulating Cheyenne on being named Employee of the Month. We extend our deepest appreciation for her remarkable contributions to our community, and we are grateful to have her as an integral part of our team.



