

Whaler's Cove Assisted Living  
114 Riverside Avenue  
New Bedford, MA 02746



## September Birthdays

In astrology, those born September 1–22 are Virgins of Virgo. Virgos are considered practical, organized, and detail oriented. Those born September 23–30 balance the scales of Libra. Libras strive to find equilibrium and they use their sharp minds to broker peace and equality.

Keanu Reeves (actor) – September 2, 1964  
Beyonce (singer) – September 4, 1981  
Idris Elba (actor) – September 6, 1972  
Otis Redding (singer) – September 9, 1941  
Tyler Perry (filmmaker) – September 13, 1969  
Lauren Bacall (actress) – September 16, 1924  
Frankie Avalon (singer) – September 18, 1940  
Mark Hamill (actor) – September 25, 1951  
Serena Williams (athlete) – September 26, 1981  
Gene Autry (cowboy) – September 29, 1907

## Happy Birthday to Our Residents...

Jose S.	September 5 <sup>th</sup>
Charles W.	September 8 <sup>th</sup>
Antonio M.	September 13 <sup>th</sup>
Custodia R.	September 16 <sup>th</sup>
John Melo	September 24 <sup>th</sup>



September 2023

## Whaler's Cove Assisted Living The Port of Call

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New Bedford, MA 02746  
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**Classical  
Music Month**

**Sewing  
Month**

**Victory Over  
Japan Day**  
*September 2*

**Labor Day  
(U.S.)**  
*September 4*

**International  
Day of  
Charity**  
*September 5*

**Patriot Day  
(U.S.)**  
*September 11*

**Rosh  
Hashanah**  
*September  
15–17*

**Yom Kippur**  
*September  
24–25*



season of  
**REFLECTION**  
NATIONAL ASSISTED LIVING WEEK®  
SEPTEMBER 10-16, 2023

NALW.org • #NALW

**Prevail**  
by First Quality  
OFFICIAL SPONSOR

As the summer breeze gently gives way to the crisp embrace of autumn, we find ourselves at the doorstep of a truly special week – Assisted Living Week. From September 10th to 16th, we come together to celebrate the incredible journey of assisted living and embrace this year's theme: *Season of Reflection*. It's a time to honor the past, embrace the present, and look ahead to a vibrant future, all while cherishing the moments that make life truly remarkable.

The "Season of Reflection" theme invites us to pause, take a deep breath, and contemplate the unique moments that have shaped our lives. Just as the changing leaves remind us of the beauty in transition, we're encouraged to reflect on the transformative experiences that have brought us to this point. Our community at Whaler's Cove has a wealth of stories, wisdom, and memories to share, and Assisted Living Week gives us the perfect opportunity to celebrate those cherished journeys.

Prepare yourselves for a week filled with heartwarming activities and engaging events, all designed to foster connections, ignite creativity, and spark meaningful conversations.

Assisted Living Week is not only a time of reflection but also a moment to look forward to the future with hope. As we reminisce about our past experiences, we also recognize the immense potential that lies ahead. At Whaler's Cove, our commitment to providing the highest quality care and fostering a supportive community remains unwavering. We're dedicated to continuing to create a safe and enriching environment where every resident's journey is celebrated.

Let's make this Assisted Living Week a time of connection, growth, and celebration. Together, we'll embrace the "Season of Reflection" with open hearts and open minds.

## Remembering 9/11

As the pages of history turn, there are moments that leave an indelible mark on our collective memory, shaping the way we view the world and one another. September 11th, 2001 stands as one of those moments – a day etched into our hearts and minds forever. As we approach the anniversary of this fateful day, we come together to reflect on its significance and honor the resilience and unity that emerged from the ashes.

September 11th, 2001 was a day that changed the world. It was a day of unthinkable tragedy, when the lives of thousands were lost in the attacks on the World Trade Center, the Pentagon, and Flight 93. It was a day when ordinary people demonstrated extraordinary courage, responding with compassion and selflessness in the face of unimaginable chaos.

In the aftermath of the attacks, our nation came together in a display of unity that transcended differences. From the first responders who risked their lives to save others, to the countless acts of kindness shown by strangers, we witnessed the strength of the human spirit in the face of adversity. The bonds that formed during that time of crisis remind us of the power of compassion and the importance of standing together, even in our darkest hours.

As we remember September 11th, we honor not only the lives lost but also the heroes who emerged from the smoke and rubble. We pay tribute to the firefighters, police officers, emergency personnel, and ordinary citizens who demonstrated unparalleled bravery and selflessness. Their stories serve as a testament to the innate goodness that resides within us all.

As we approach the anniversary of September 11th, let us take a moment to reflect on the lessons it has taught us. Let's remember the lives lost and the heroes who emerged from the darkness. Let's honor their memory by embracing the values of compassion, unity, and resilience in our daily lives.

## Support The Alzheimer's Association Walk to End Alzheimer's®

Support our team for the Alzheimer's Association Walk to End Alzheimer's®, the world's largest event to raise awareness and funds for Alzheimer's care, support, and research. We have witnessed firsthand the challenges faced by those and their families in their battle against this debilitating disease.

The decision to participate in the Walk on Saturday, September 30 was not merely a choice; it was a symbol of our unwavering support, compassion, and dedication to the cause. We understand the importance of raising awareness about Alzheimer's disease, as well as the urgent need for advancements in research and treatment options.

To donate please see Amanda Costa in Administration by Friday September 22.



**WALK  
TO  
END  
ALZHEIMER'S**  
ALZHEIMER'S ASSOCIATION

## Employee of The Month



We are thrilled to shine a spotlight on a remarkable member of our team who consistently goes above and beyond to ensure that our community remains a comfortable and welcoming home for all. It is with great pleasure that we announce Tahiri Cancel as our Employee of the Month!

Tahiri, our diligent Housekeeper, stands out not only for her exceptional cleaning skills but also for her ability to step up when needed and accomplish tasks with quiet determination. With a focused and composed demeanor, Tahiri tackles every challenge that comes her way, making sure our community remains a haven of comfort and cleanliness.

One of the qualities that truly sets Tahiri apart is her readiness to step up whenever her assistance is required. Whether it's lending a helping hand during busy times, taking on additional tasks, or providing support to her fellow team members, Tahiri's willingness to go above and beyond embodies the spirit of teamwork that defines our community.

Tahiri's commitment to her work is evident to everyone who crosses her path. Her dedication to keeping the community clean and inviting creates an environment where both residents and staff feel truly at home. Her attention to detail ensures that every space is a place of comfort and care.

Despite her exceptional contributions, Tahiri remains humble and modest. She prefers to keep her head down and focus on the task at hand, quietly and diligently working to get the job done. Her actions speak volumes, reflecting a deep sense of responsibility and an unwavering commitment to the well-being of our community.

As we celebrate Tahiri Cancel as our Employee of the Month, let us take this opportunity to express our sincere gratitude for her remarkable dedication, her quiet strength, and the positive impact she has on all of us. Tahiri's ability to rise to challenges and contribute to the success of our community is greatly appreciated.



## Labor Day

As Labor Day approaches, we celebrate the fruits of a lifetime of hard work and dedication. Your contributions, both in the workforce and throughout your lives, have shaped our society and our community. This day is a tribute to your efforts and a reminder of the lasting impact you've had. May this Labor Day be a time of reflection, relaxation, and a well-deserved moment to enjoy the results of your labor!

