

Whaler's Cove Assisted Living
114 Riverside Avenue
New Bedford, MA 02746



December Birthdays

If you were born from December 1–21, you are a Sagittarius, the Archer. Archers are not only confident but also lucky, so they often find success. Their enthusiasm is infectious, so people often help them achieve their ambitious goals. Those born from December 22–31 are Capricorns, the Goat. As sure-footed goats climb mountains, Capricorns pursue worthwhile, nonfrivolous goals by taking practical steps.

Andy Williams (singer) – Dec. 3, 1927
Dave Brubeck (pianist) – Dec. 6, 1920
Rita Moreno (entertainer) – Dec. 11, 1931
Betty Grable (actress) – Dec. 18, 1916
Branch Rickey (manager) – Dec. 20, 1881
Louis Chevrolet (engineer) – Dec. 25, 1878
Donna Summer (singer) – Dec. 31, 1948



Happy Birthday to Our Residents...

Maria S.	December 3rd
Remi S.	December 9th
Maria D.	December 10th
Maureen D.	December 12th
Genevieve S.	December 17th
Gary M.	December 18th
Nancy G.	December 20th
Evelyn C.	December 24th
Joanne T.	December 26th
Mildred Y.	December 28th
Joel R.	December 29th
Donald B.	December 30th

December 2023



Whaler's Cove Assisted Living The Port of Call

114 Riverside Avenue
New Bedford, MA 02746
P: 508-997-2880 F: 508-997-1599

**Universal
Human Rights
Month**

**Safe Toys
and Gifts
Month**

Dice Day
December 4

**Bathtub
Party Day**
December 5

**Salesperson
Day**
December 8

**Gingerbread
House Day**
December 12

Christmas
December 25

**Thank-You
Note Day**
December 26

**New Year's
Eve**
December 31



As the holiday season envelops us in its warm embrace, we find ourselves reflecting on the joy and friendship that defines our cherished community. This time of year is a celebration of togetherness, gratitude, and the simple yet profound moments that make Whaler's Cove Assisted Living truly special.

In the midst of twinkling lights and festive decorations, we want to express our heartfelt appreciation for each and every one of you. Your presence enriches our community, and your unique stories and experiences contribute to the tapestry of warmth that defines Whaler's Cove.

This holiday season, may your hearts be filled with the comfort of familiar faces, the joy of shared laughter, and the peace that comes from being part of a community that cares. Whether you are surrounded by loved ones or finding solace in the quiet moments, know that you are cherished and valued.

As we gather to celebrate, let's embrace the spirit of the season with open hearts. May the coming days be adorned with love, kindness, and the beauty of connection. Your resilience and strength inspire us all, and we are grateful to have you as part of the Whaler's Cove family.

Wishing you a holiday season filled with moments of joy, reflection, and the warmth of community. May the new year ahead bring you continued happiness, good health, and the companionship of those who hold a special place in your heart.

Happy Holidays!

Employee of the Month



Whaler's Cove Assisted Living is delighted to announce Shirley Del Valle Rosado as our Employee of the Month. Shirley's dedication and outstanding qualities have truly set her apart in our close-knit community.

Shirley took on the challenge of a part-time 3rd shift lead position with admirable enthusiasm, showcasing her commitment to excellence. Beyond her designated role, she plays a pivotal part in new hire orientation, sharing her expertise to help our team members feel welcome and prepared.

One of Shirley's standout qualities is her willingness to go above and beyond. Whether it's covering extra hours or offering support to other shifts, she embodies the true spirit of teamwork and camaraderie. Her dedication to the well-being of our residents shines through in every extra effort she puts forth.

Always eager to learn and grow, Shirley's proactive approach to professional development is inspiring. Her motivation and exceptional work ethic create a positive atmosphere that ripples throughout our community, leaving a lasting impact on both residents and fellow team members.

Congratulations, Shirley, on this well-deserved recognition! Your passion, commitment, and tireless efforts make Whaler's Cove a better place for all!

Salvation Army Angel Tree Program

'Tis the season of giving, and at Whaler's Cove Assisted Living, we are excited to announce a heartwarming partnership with The Salvation Army's Angel Tree Program. This meaningful initiative allows us to join hands in bringing joy to several children in need during the Christmas season.

We will adorn our Christmas tree with special angel ornaments, each representing a local child in need. These angels bear the holiday wishes of these children, and we invite you—our valued residents, families, staff, visitors, and partners—to become a part of this wonderful cause.

If you're interested in participating, simply visit our reception area to choose an angel ornament. Each angel carries the Christmas wishes of a deserving child. By selecting an angel, you commit to making a difference in a child's life by purchasing the items on their wish list.

Your generosity can transform the holiday season for these young ones. The joy of giving is a gift in itself, and together, we can make a significant impact on the lives of those in our community who need it most.

As we come together to support The Salvation Army's Angel Tree Program, let's remember the true meaning of the season—compassion, generosity, and the joy that comes from making a positive difference in the lives of others!



2024 COLA Increase

Residents and Caregivers,

As you may already be aware, the Social Security Administration has announced the 2024 cost-of-living adjustment (COLA). It has been determined that Social Security benefit recipients will receive a COLA increase of 3.2% beginning in January 2024. Supplemental Security Income (SSI) benefit recipients will begin receiving the 3.2% COLA increase on December 31, 2023.

The Social Security Administration will communicate the final 2024 benefit amounts to recipients in December 2023 through a mailed COLA notice. Once this notice is received, please provide Mackenzie Botelho, Compliance Manager, with the notice as soon as possible. This financial information is imperative in maintaining accurate income records, as well as ensuring residency eligibility.

Please be mindful that Social Security, the State Supplement Program, and MassHealth often send important updates regarding the renewal of benefits to the residents directly. If you or your loved one routinely check the mailbox located at Whaler's Cove, we ask that you let someone in the Administration Office know if you receive any correspondence from these agencies that looks like it needs to be responded to immediately. Failure to respond can result in the loss of income, disqualification from the subsidized program, and jeopardize housing. It is important to note that each entity has its process for review and redetermination of benefits that is separate from Whaler's Cove, and we do not get notified if a resident is losing their income or insurance coverage until after it is too late. Please help us avoid this by checking the mailbox regularly and bringing any documents to the Administration Office that you or your loved one does not understand. We are happy to help and want to assist in avoiding additional complications down the road.

Stovetop Citrus and Spice Potpourri

fill your home with delightful scents this holiday season with this Potpourri recipe!

Ingredients:

1 orange (sliced), 1 lemon (sliced), 3 cinnamon sticks, 1 tablespoon whole cloves, 1 tablespoon whole allspice, 2 bay leaves, 4 cups of water

1. In a medium-sized pot, combine all the ingredients.
2. Add water until the ingredients are just covered.
3. Place the pot on the stove over low heat.
4. Allow the mixture to simmer gently. As it heats up, the wonderful aroma will fill your home.
5. Keep an eye on the water level, adding more as needed to prevent it from drying out. Turn off your burners when finished!

