

Whaler's Cove Assisted Living  
114 Riverside Avenue  
New Bedford, MA02746



### November Birthdays

In astrology, those born November 1–21 are Scorpio's intense scorpions. Scorpions seek deep connections with others. Those born from November 22–30 are Archers of Sagittarius. The Archers have a unique blend of passion, curiosity, and adaptability, which makes them bold travelers and explorers.

- Will Rogers (cowboy) – Nov. 4, 1879
- John Philip Sousa (conductor) – Nov. 6, 1854
- Bram Stoker (novelist) – Nov. 8, 1847
- Jonathan Winters (comedian) – Nov. 11, 1925
- Whoopi Goldberg (comedian) – Nov. 13, 1955
- RuPaul (drag queen) – Nov. 17, 1960
- Allyson Felix (athlete) – Nov. 18, 1985
- Joe DiMaggio (athlete) – Nov. 25, 1914
- Tina Turner (singer) – Nov. 26, 1939
- Chadwick Boseman (actor) – Nov. 29, 1976



### Happy Birthday to Our Resident...

Elizabeth P.	November 8th
Connie V.	November 18th
Cecile E.	November 21st
Theresa D.	November 24th
Sinis A.	November 28th

November 2023

## Whaler's Cove Assisted Living The Port of Call

114 Riverside Avenue  
New Bedford, MA 02746  
P: 508-997-2880 F: 508-997-1599



**International Games Month**

**Adopt-a-Turkey Month**

**Día de los Muertos**  
*November 1*

**Veterans Day (U.S.)**  
*November 11*

**Diwali**  
*November 12*

**Rock Your Mocs Day**  
*November 15*

**International Men's Day**  
*November 19*

**Thanksgiving (U.S.)**  
*November 23*

**Square Dancing Day**  
*November 29*

### Covid-19 Booster Clinic

Dear Residents and Caregivers,

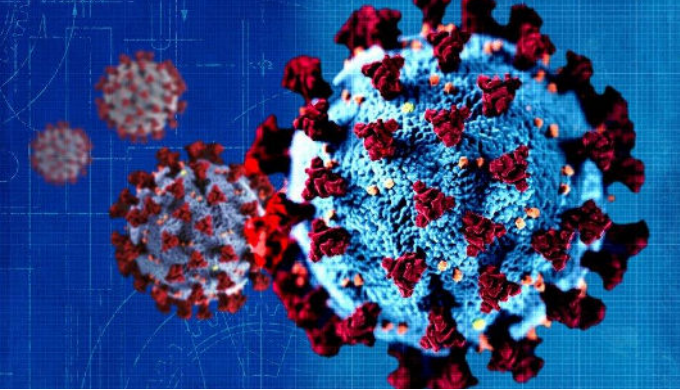
Many residents and caregivers have asked about the availability of another COVID-19 vaccine dose. Until now, we have been uncertain whether or not we were permitted to host another one but are happy to share that we have successfully scheduled another onsite clinic.

For those who are interested in receiving the now "annual" COVID-19 vaccine dose to protect from COVID-19 infections before the holiday season is upon us, please note that you can receive the dose here at Whaler's Cove in our Auditorium (2<sup>nd</sup> Floor) on **Wednesday, November 8, 2023, between 9:30 am and 11:30 am.**

We can thank Seven Hills Behavioral Health, as they will be conducting the clinic once again. Residents need not have their vaccine cards with them, but if they wish to bring them, the staff will fill them out.

We ask that all RSVPs be directed to 508-997-2880, Ext. 18 or [lsousa@whalerscove-assistedliving.com](mailto:lsousa@whalerscove-assistedliving.com) – so that we can ensure enough doses will be brought to the community.

As most of our residents received Pfizer, it is likely that is the vaccine they will bring with them on the day of the onsite clinic. For those who had previously received Moderna or J&J, you may consider receiving Pfizer this time around. It is possible, though, that Seven Hills will have Moderna on hand as well.



## Employee of the Month



In the heart of Whaler's Cove Assisted Living, we have the privilege of working alongside some remarkable individuals who make our community a better place every day. This month, we are delighted to shine a spotlight on one of our longest-serving team members, Chef Paul Chagnon, who has been a valued part of our family since December 2004.

Paul Chagnon's journey with Whaler's Cove began nearly two decades ago, and his unwavering commitment to our community has not gone unnoticed. His culinary

expertise and dedication to providing enjoyable dining experiences has set a high standard for all of us to follow.

Paul joined our kitchen team as a Chef in 2004 and has never looked back, consistently demonstrating his culinary skills, leadership, and understanding of the unique dietary needs of our residents. His dedication to crafting delightful, nutritious meals that cater to each resident has made him a beloved figure in our community.

This month, we proudly honor Chef Paul Chagnon as our "Employee of the Month." This recognition is a well-deserved testament to his tireless efforts and the significant impact he has had on our community. Paul's exceptional culinary skills and his genuine care for our residents have left a lasting impression on both residents and staff members.

Paul's dedication extends beyond the kitchen. He treats each resident with the same warmth and respect that he would offer to a guest at his own table.

As we celebrate Paul Chagnon as our Employee of the Month, we want to express our deep gratitude for his unwavering commitment. Please join us in congratulating Chef Paul Chagnon on this well-deserved recognition and in expressing our appreciation for his incredible contributions to our Whaler's Cove family. We are fortunate to have him as an integral part of our community.

## Happy Thanksgiving!

As Thanksgiving approaches, we reflect on the wonderful residents who make our community so special and the privilege of having them as part of our family. Your presence enriches our lives, and your unique stories and experiences add depth to our community. We are deeply thankful for each of you, and we look forward to sharing a warm and joyous Thanksgiving together!



## Veteran's Day

November brings with it a special occasion to express our heartfelt gratitude and respect for the brave individuals who have dedicated their lives to serving our nation. As we approach Veterans Day, we are proud to announce our yearly Veterans Celebration on Wednesday, November 1st, where we will honor all those who have served.

Whaler's Cove has a longstanding tradition of recognizing and commemorating the sacrifices and contributions of our Veterans. It is a day when we come together as a community to pay tribute to the heroes among us, those who have selflessly protected our freedoms and upheld the values that make our nation great.

This year's Veterans Day Celebration promises to be a memorable and heartfelt event. We will be honoring our resident veterans and employees who have served. It is a day to reflect on the courage, sacrifice, and dedication of these incredible individuals who have served our country.

we invite you to come together as one community, to share stories, create new memories, and most importantly, to express our profound appreciation for the men and women who have served our country.

We look forward to this meaningful celebration. Please mark your calendars and join us in honoring our veterans on this special day.

## Resident Code of Ethics

In the spirit of fostering a warm and caring community, we would like to address an important topic that touches upon the financial well-being and comfort of everyone living at Whaler's Cove. Residents are all on different financial programs, each based on their unique income and circumstances. With that in mind, we would like to gently remind everyone about the importance of respecting one another's financial boundaries, particularly when it comes to purchasing toiletries and personal items.

We kindly request that residents refrain from asking their fellow residents for financial assistance or discussing details regarding rent. It's important to respect each individual's privacy and the choices made regarding finances. If you ever find yourself in a challenging financial situation, please don't hesitate to reach out to our staff, who can connect you with appropriate resources and assistance.

At Whaler's Cove, our aim is to create an atmosphere of compassion and support. By being mindful of one another's financial boundaries and refraining from requesting financial assistance, we contribute to the creation of an inclusive and caring community where each resident can live with dignity and peace of mind.

