



### May Birthdays

Those born between May 1–20 are Bulls of Taurus. Bulls show a steady persistence in both professional and personal endeavors. After working hard, they like to reward themselves for a job well done. If you were born between May 21–31, you are a Twin of Gemini. Geminis make communicative, lively companions. Intellectual and imaginative, they are the ones to sit near at a party.

- Gary Cooper (actor) – May 7, 1901
- Don Rickles (comedian) – May 8, 1926
- Joe Louis (boxer) – May 13, 1914
- Cher (singer) – May 20, 1946
- Mary Cassatt (artist) – May 22, 1844
- Ian Fleming (writer) – May 28, 1908
- Brooke Shields (model) – May 31, 1965

### Happy Birthday to Our Residents!

Margaret R.	May 5th
Shirley C.	May 6th
Merilee A.	May 13 <sup>th</sup>
Josephine M.	May 16th
Mary Ellen B.	May 17th
Isaura P.	May 21st
Diane H.	May 21st
Janet R.M	May 29th
Maria O.	May 30th



May 2024

# Whaler's Cove Assisted Living The Port of Call

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**Celebrating  
 May**

**Arthritis  
 Awareness  
 Month**

**Older  
 Americans  
 Month**

**Be Kind to  
 Animals Week  
 May 5–11**

**Backyard  
 Games Week  
 May 20–26**

**Miniature Golf  
 Day  
 May 11**

**Mother's Day  
 May 12**

**International  
 Tea Day  
 May 21**

**Senior Health  
 and Fitness Day  
 May 29**

## Mother's Day: Celebrating the Special Women in Our Lives

This month, we find ourselves preparing to celebrate a significant occasion - Mother's Day. This is not only a time to honor the remarkable women who have shaped our lives but also an opportunity to reflect on the invaluable role mothers play within our community.

At Whaler's Cove, we recognize and cherish the diverse experiences and stories that each resident brings to our community. Among these narratives, the wisdom, love, and resilience of mothers stand out prominently. Whether they are biological mothers, grandmothers, or even cherished maternal figures, their presence enriches our community in profound ways.

Mother's Day serves as a poignant reminder to express our gratitude and appreciation for these extraordinary individuals. It's a day to celebrate the love, sacrifices, and unwavering support they have bestowed upon us throughout the years. The festivities surrounding Mother's Day offer us a chance to create memorable experiences for our residents. From our Mother's Day Tea to the distribution of Mother's Day gifts, we strive to make this occasion as meaningful and joyous as possible.

However, it's essential to recognize that Mother's Day can also evoke a mix of emotions for some residents. For those who have lost their mothers or are unable to be with their families during this time, the day may bring feelings of nostalgia or longing. As such, we remain committed to providing empathy, compassion, and support to all our residents, ensuring that they feel valued and cared for, regardless of their circumstances.

Beyond the festivities, Mother's Day serves as a poignant reminder of the enduring impact of maternal love and nurturing. It prompts us to cherish the moments we have with our loved ones and to express our gratitude openly and sincerely. In doing so, we not only honor the mothers within our community but also reaffirm the values of compassion, respect, and appreciation that define our beliefs.

Mother's Day is not merely a date on the calendar but a momentous occasion to honor the cherished women who have shaped our lives. Let us come together as a community to celebrate their love, resilience, and unwavering devotion. Happy Mother's Day to all the remarkable mothers!

## Employee of the Month: Madeleine Kochanek



We are thrilled to announce that May's Employee of the Month is none other than Madeleine Kochanek, our Certified Nursing Assistant and dedicated CO-OP student from Greater New Bedford Regional Vocational Technical High School. Madeleine has consistently demonstrated exceptional qualities that not only reflect her commitment to her role but also her deep dedication to our community.

Always putting the welfare of our residents and adherence to our policies first, Madeleine exemplifies what it means to be a team player. Her dedication to following and upholding the standards of the community is commendable. She goes above and beyond in her duties, ensuring that our community not only operates smoothly but also thrives.

Madeleine's commitment to her professional growth is evident as she works diligently toward becoming a Lead CNA. Her hard work, reliability, and leadership skills shine through in all that she does, and she is truly making strides in her career through her persistent efforts and dedication.

Madeleine leads by example, embodying the values and ethics expected at our community. Her actions inspire others to strive for excellence and maintain the high standards that define our care.

Please join us in congratulating Madeleine Kochanek on this well-deserved recognition as Employee of the Month. We look forward to seeing her continued growth and success within our community. Thank you, Madeleine, for your exceptional service and for making a significant difference in the lives of those we

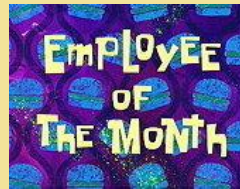
## Memorial Day: Honoring Our Nations Heroes

As Memorial Day approaches, we prepare to pay homage to the brave men and women who have made the ultimate sacrifice in service to our country. This day holds profound significance, serving as a poignant reminder of the sacrifices that have safeguarded the freedoms we cherish.

Memorial Day, originally known as Decoration Day, was established in the aftermath of the Civil War to honor fallen soldiers by decorating their graves with flowers. Over time, it has evolved into a National Day of Remembrance, observed on the last Monday of May each year.

For many of us, Memorial Day may bring to mind images of parades, flags, and gatherings with loved ones. However, it's crucial to take a moment to reflect on the true meaning of the day and the sacrifices it commemorates. As we observe Memorial Day, let us remember the true meaning of this solemn occasion. It is a day to honor the memory of our nation's heroes, to reflect on their sacrifices, and to express our gratitude for their service.

As we come together to honor the sacrifices of our nation's heroes, let us renew our commitment to preserving the freedoms they fought so bravely to defend. May their memory be a source of inspiration and strength for us all.



## Celebrating Nurses Week



As Nurses Week approaches from Monday, May 6th to Sunday, May 12th, we have the distinct pleasure of recognizing and celebrating the extraordinary contributions of nurses who make a profound difference in the lives of our residents. This year's theme, "Nurses Make the Difference," perfectly encapsulates the essential role that nurses play in providing compassionate care and support to our community. Join us in expressing our heartfelt appreciation

to both our in-house Wellness Nurse, Stephanie Glenn, and the dedicated visiting nurses who serve our residents with unwavering dedication and compassion.

Stephanie represents the qualities of nursing excellence through her unwavering commitment to providing personalized care and fostering a nurturing environment for our residents. Stephanie has become an indispensable member of our wellness team, earning the admiration and gratitude of residents, families, and staff alike.

Stephanie's role encompasses a wide range of responsibilities, including care coordination, health assessments, advocacy, and providing hands-on assistance to residents with diverse healthcare needs. Her professionalism, empathy, and clinical expertise shine through in every interaction, creating a sense of trust and reassurance among those under her care.

Beyond her clinical duties, Stephanie's compassionate nature and genuine concern for the well-being of our residents set her apart as a beacon of warmth and compassion in our community. Her ability to listen attentively, offer words of comfort, and go the extra mile to ensure the comfort and dignity of our residents truly exemplifies the spirit of nursing excellence.

In addition to our in-house nursing team, we extend our deepest appreciation to the dedicated visiting nurses who collaborate with us to provide specialized skilled care and support to our residents. These compassionate professionals bring a wealth of expertise and experience to our community, enriching the lives of our residents.

As we reflect on Nurses Week 2024 and the theme "Nurses Make the Difference," let us take this opportunity to express our profound gratitude to all nurses for their tireless dedication, compassionate care, and unwavering commitment to enhancing the quality of life for those they serve. Happy Nurses Week to all the extraordinary nurses who truly make a difference each and every day!

