

Whaler's Cove Assisted Living
114 Riverside Avenue
New Bedford, MA 02746



December Birthdays

If you were born between December 1–21, you are Sagittarius, the Archer. Archers are optimistic, energetic, generous, and honest. They enjoy exploration and keep an open mind during new encounters. Those born between December 22–31 are Capricorns, the Goat. Capricorns are the most stable and serious signs of the zodiac. Reliable, resourceful, and determined, they make excellent leaders.

Judi Dench – December 9, 1934
Connie Francis – December 12, 1938
J. Paul Getty – December 15, 1892
Ava Gardner – December 24, 1922
Ted Danson – December 29, 1947
Tiger Woods – December 30, 1975

Happy Birthday to Our Residents...

Maria S.	December 3 rd
Remi S.	December 9 th
Maureen D.	December 12 th
Genevieve S.	December 17 th
Gary M.	December 18 th
Nancy G.	December 20 th
Evelyn C.	December 24 th
Mildred Y.	December 28 th
Joe R.	December 29 th



December 2024

Whaler's Cove Assisted Living The Port of Call

114 Riverside Avenue
New Bedford, MA 02746
P: 508-997-2880 F: 508-997-1599

Wishing You a Happy Holiday Season!

As the holiday season surrounds us with its warmth and cheer, we reflect on the blessings of our Whaler's Cove community—residents, families, and staff who bring life and love to our home every day. This time of year reminds us of the joy of togetherness, the comfort of traditions, and the magic of creating memories that last a lifetime.

We're excited to share this season with you through a variety of festive activities designed to spread holiday cheer:

- **Complimentary Gift Wrapping with Hot Cocoa:** Relax and enjoy as we take care of the wrapping (12/6 & 12/13 @ 10 AM).
- **Holiday Stroll Event:** Join us on **December 15th, 9 AM–2 PM**, as we welcome Santa and Mrs. Claus, Miss New Bedford, and Miss Teen New Bedford for a day of holiday fun! Residents, families, and the public are all invited to enjoy the magic of the season.
- **Painting with Alyssa:** Create a beautiful holiday masterpiece to cherish (12/16 @ 6:30 PM).
- **Yankee Swap:** Bring a small gift (\$5-\$10) and join in the fun (12/20 @ 2 PM).
- **Ornament Swap:** Share in the joy of giving with an ornament exchange (12/23 @ 2 PM).
- **Holiday Cocktail Hour:** Celebrate with festive drinks and great company (12/27 @ 2 PM).
- **Holiday Spirit Week** is another exciting way to join the fun! With different themed days, it's a wonderful opportunity to dress up and spread cheer. Residents can find more details on the flyers posted throughout the community.

The holidays are a time to celebrate, reflect, and connect with those we hold dear. Thank you for being a part of our Whaler's Cove family and for all the love and care you bring to our community. May this season fill your hearts with peace, joy, and cherished memories.

Happy Holidays from all of us at Whaler's Cove! 🎄🌟



Celebrating December

Safe Toys and Gifts Month

National Tie Month

Eat a Red Apple Day December 1

Sacher Torte Day December 5

Pearl Harbor Remembrance Day December 7

Cocoa Day December 13

Cat Herders Day December 15

Eggnog Day December 24

Christmas Day December 25

Employee of the Month

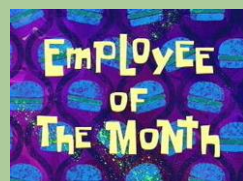


Whaler's Cove is delighted to recognize Destin Pires as our Employee of the Month! As a Maintenance Assistant, Destin has proven himself to be an indispensable member of our team. Known for his hard work, reliability, and meticulous attention to detail, he consistently goes above and beyond to ensure our community is well-maintained and safe.

Destin's skillset is remarkable, particularly his talent for carpentry, and his calm, approach has been invaluable during on-call emergencies. No matter the challenge, Destin can always be counted on to handle it with care and precision. In addition to excelling in his own role, he has also trained and mentored Maintenance Assistant Anthony, sharing his knowledge and helping to strengthen the team.

Beyond his work, Destin's genuine character shines through in everything he does. He is a dedicated professional and a kind-hearted individual with a bright future ahead.

Thank you, Destin, for your exceptional contributions to Whaler's Cove and for being such an integral part of our team. We appreciate you!



Gingerbread Cookies Recipe

Ingredients:

1 pkg. Jell-O butterscotch pudding mix (not instant), 3/4 cup margarine, 3/4 cup packed brown sugar, 1 egg, 2 1/4 cups flour, 1 t. baking soda, 3 t. ground ginger, 1 1/2 t. cinnamon

Instructions:

Combine the cream pudding mix with margarine and sugar. Add egg, blend well. Combine remaining ingredients, blend into pudding mixture. Chill dough until firm, about 10 minutes. Roll out on floured board until about 1/4-inch thick. Cut with cookie cutters. Place on lightly greased cookie sheets. Bake at 350°F for 10–12 minutes. Remove from oven and cool on wire rack. Decorate as desired.



Important Updates for Resident Safety

Dear Residents, Caregivers, and Community Partners,

We recently completed our biennial state inspection and need your help in maintaining compliance with two critical safety regulations:

1. **Timely Emergency Response:**

The Philips Lifeline system is vital for emergencies. Residents must wear their pendants regularly for accurate fall detection and use them **only for emergencies**. Non-emergency requests like opening blinds or calling for an escort should be directed to the Front Desk at any time. This ensures staff can respond quickly to genuine medical emergencies.

2. **Bed Rail Safety:**

To prevent injuries, any assistive bed devices must be evaluated by a Visiting Rehab and Nursing Services (VRNS) clinician. These assessments occur twice yearly, in January and July, to ensure devices are safe and effective. Unapproved bed rails can pose serious risks, so please notify the Wellness Department if you use or need such equipment.

Your cooperation is essential in keeping our community safe and compliant. If you have questions, contact the Wellness or Administration Office.

Thank you for helping us provide a safe and caring environment for all!



Hair Salon Services

Hair Stylist Phyllis Lourenco is here every Tuesday to pamper our residents with expert haircuts and styling. To book an appointment, residents or caregivers can contact the front desk at **508-997-2880**. Payments are due on the day of the appointment and made directly to Phyllis.

Looking for a thoughtful holiday gift? Treat a resident to a salon appointment with Phyllis for a little extra holiday cheer!

