

Whaler's Cove Assisted Living
114 Riverside Avenue
New Bedford, MA 02746



January Birthdays

Those born between January 1–19 are Capricorns, the Sea Goat. Capricorn is the most stable and serious sign of the zodiac. Reliable, resourceful, and determined, Capricorns make excellent leaders and managers. Those born between January 20–31 are Aquarius, the Water Bearer. Witty, clever, and honest, they desire independence and aren't afraid to deviate from the crowd to pursue their own interests.

Diane Keaton – January 5, 1946
Zora Neale Hurston – January 7, 1891
Elvis Presley – January 8, 1935
Vidal Sassoon – January 17, 1928
Edgar Allan Poe – January 19, 1809
Wayne Gretzky – January 26, 1961
Oprah Winfrey – January 29, 1954
Gene Hackman – January 30, 1930

Happy Birthday to Our Residents...

Anthony S.	January 3 rd
George G.	January 5 th
Laura S.	January 5 th
Judith O.	January 7 th
Eddie D.	January 21 st
Walter F.	January 26 th
Jimmy L.	January 26 th
Lucille B.	January 29 th



January 2025

Whaler's Cove Assisted Living The Port of Call

114 Riverside Avenue
New Bedford, MA 02746
P: 508-997-2880 F: 508-997-1599

Welcoming a New Year with Gratitude

As we step into a new year, we want to take a moment to reflect on the past year and share our heartfelt gratitude with everyone who makes this community so special—our residents, their families/caregivers, our devoted staff, and our incredible partners.

To our residents—thank you for filling our community with life, laughter, and love. Your stories and strength inspire us every single day, and it is an absolute privilege to care for you and share in your journey.

To the families and caregivers—your love and support are the backbone of our community. We see the care and dedication you give, and we are so grateful for the trust you place in us. Your partnership means everything.

To our staff—you are the heart and soul of Whaler's Cove. Your compassion, hard work, and tireless commitment to our residents are what make this community feel like home. Thank you for showing up every day with kindness, patience, and professionalism. We couldn't do this without you.

To our partners and healthcare providers—thank you for working alongside us to ensure our residents receive the best care possible. Your collaboration and expertise are deeply appreciated.

As we look ahead to the new year, we do so with excitement and hope. Together, we will continue to build a vibrant, caring, and supportive community where everyone feels valued and at home.

Thank you for being part of our Whaler's Cove family. Here's to a happy, healthy, and wonderful New Year!



**Adopt a
Rescued Bird
Month**

**Mentoring
Month**

**International
Creativity
Month**

**Universal
Letter-Writing
Week**

January 12–18

Buffet Day
January 2

Twelfth Night
January 5

**National Word
Nerd Day**
January 9

**Belly Laugh
Day**
January 24

Employee of the Month



We are proud to recognize Kianna Gagne, our Wellness Nurse, as January's Employee of the Month! Kianna's professionalism, kindness, and level-headed approach make her an exceptional advocate for our residents, helping them feel at ease and well cared for.

Kianna plays a vital role in conducting comprehensive clinical assessments, documenting changes, and updating care plans to meet residents' evolving needs. She carefully monitors health conditions and adjusts care strategies to ensure every resident receives personalized attention and support.

Her quick response to emergencies and ability to provide immediate assistance give residents and families peace of mind. Kianna also works closely with doctors, therapists, and aides to maintain accurate records and create seamless care plans that prioritize resident well-being.

Kianna takes time to educate residents and families about health conditions, medications, and preventive care measures. Her thoughtful approach empowers them to make informed decisions and promotes independence whenever possible.

Kianna's dedication to resident care and her strong support for colleagues make her a valued member of our team. Her kindness, compassion, and attention to detail truly set her apart. Congratulations, Kianna, on this well-deserved honor!

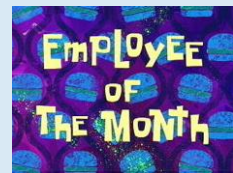
Resident Satisfaction Survey

We are dedicated to providing exceptional care and creating an environment that truly feels like home. To help us continue improving and meeting your needs, we're pleased to announce that our annual Resident Satisfaction Survey will be distributed this month.

Your feedback plays a crucial role in helping us enhance the overall experience for everyone in our community. The survey covers a range of topics, including services, amenities, and the overall atmosphere within our community. Your insights are instrumental in guiding us as we make ongoing improvements.

We greatly value the time you spend sharing your thoughts with us. Your participation ensures that Whaler's Cove continues to be a warm, welcoming, and fulfilling place to call home.

Please return completed surveys to the designated box located outside the Activities Office in the administration suite. Thank you for helping us shape the future of our community!



National Activity Professional's Week

We are proud to celebrate National Activity Professionals Week from January 19 – 25. This year's theme, *Shaping the Future*, highlights the essential role Activity Professionals play in enriching the lives of residents through fun, meaningful, and resident directed activities.

Activity Professionals are truly the heart and spirit of our community. Their dedication to promoting engagement, joy, and purpose is invaluable. We encourage everyone to take a moment to acknowledge the incredible work they do and to celebrate their commitment to making every day brighter.

This week also gives us a wonderful opportunity to recognize our new Assistant Coordinator, Sara Achorn. Since joining Whaler's Cove, Sara has already brought fresh ideas and energy to our activities program. Her creativity and passion have been instrumental in enhancing our events and programs, and we look forward to seeing her vision continue to shape the future of activities at Whaler's Cove.

As we celebrate this special week, let's show our appreciation to all Activity Professionals who work tirelessly to ensure our residents live full and joyful lives. Thank you for your hard work, dedication, and compassion—you are truly making a difference!

Martin Luther King Day

On Monday, January 20th, we honor the life and legacy of Dr. Martin Luther King Jr., a champion of equality, justice, and peace. We take this day to reflect on his powerful message of unity, hope, and perseverance, which continues to inspire generations.

Dr. King's dream of equality and his dedication to nonviolent change remind us of the importance of compassion, understanding, and community. His vision challenged us to see the humanity in one another and to work together toward a future free from discrimination and injustice.

As we reflect on Dr. King's achievements, let us also take this opportunity to recognize the progress that has been made and the work that still lies ahead. His words remind us that 'the time is always right to do what is right,' and we are encouraged to continue fostering a welcoming and inclusive environment at Whaler's Cove.

This day is not only a time for reflection but also for action. Whether through acts of kindness, service, or simply taking time to listen and learn, we can all honor Dr. King's legacy in meaningful ways.

Let us take this moment to recommit ourselves to his dream and strive to make it a reality for all.

