

Whaler's Cove Assisted Living
114 Riverside Avenue
New Bedford, MA 02746



August Birthdays

In astrology, those born between August 1 and 22 are Leo's Lions. Mixing strength, ambition, creativity, and a flair for the dramatic, it is no wonder that the king of the jungle is Leo's mascot. Those born between August 23 and 31 are Virgos. Virginal Virgos are considered shy, pure of spirit, and self-sufficient. They take pride in their work, show diligent habits, and are well-respected in their circles.

Herman Melville – August 1, 1819
Barack Obama – August 4, 1961
Lucille Ball – August 6, 1911
Dustin Hoffman – August 8, 1937
Danielle Steel – August 14, 1947
Gene Kelly – August 23, 1912
Mother Teresa – August 26, 1910
Buddy Hackett – August 31, 1924

Happy Birthday to Our Residents...

Domitilia G.	August 2 nd
Suzanne F.	August 10 th
Paula P.	August 12 th
Alan S.	August 17 th



August 2026

Whaler's Cove Assisted Living The Port of Call

114 Riverside Avenue
New Bedford, MA 02746
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Dining Room Renovations



We're excited to share that a fresh new look is coming to the Whaler's Cove dining room!

Over the coming months, we'll be renovating one of the most used gathering spaces in our community. Our goal is to create a warm, inviting, and

comfortable dining experience that reflects the welcoming atmosphere our residents and families know and love.

While we're still finalizing the renovation timeline and construction plan, we wanted to give everyone a sneak peek at the vision. Included in this newsletter is an inspiration rendering that captures the style and feel we're working toward. While the finished space may vary in some details, it offers a glimpse of the beautiful transformation we're planning.

As soon as the renovation schedule is confirmed, we'll share more information about the project, including when work will begin, what to expect during construction, and how dining services will continue throughout the renovation. Our priority is to keep any disruptions to a minimum while ensuring residents continue to enjoy delicious meals and a comfortable dining experience.

We're looking forward to bringing this exciting update to life and can't wait to share the finished space with our Whaler's Cove community. Stay tuned for more details!

Read a
Romance
Month

Golf Month

Root Beer
Float Day
August 6

Purple Heart
Day
August 7

Bargain
Hunting
Week
August 10–16

Social
Security Day
August 14

Senior Citizens
Day
August 21

Kiss and Make
Up Day
August 25

Eat Outside
Day
August 31

Employee of the Month



At Whaler's Cove, we know that exceptional care often comes from the people working quietly behind the scenes, and Wellness Nurse Kianna is a perfect example.

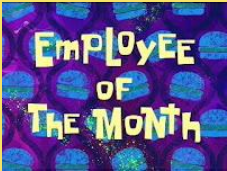
Known for her calm, steady presence, Kianna has a way of bringing reassurance to both residents and staff, even when the

unexpected happens. No matter the situation, she approaches each day with professionalism, patience, and a thoughtful mindset that helps keep everything running smoothly. One of Kianna's greatest strengths is her attention to detail. She has an incredible ability to remember the little things, whether it's a resident's health history, a recent concern, or a seemingly small detail that helps piece together the bigger picture. When questions arise or a resident isn't feeling quite like themselves, Kianna takes the time to investigate, ask the right questions, and work through each situation with care and compassion.

Most recently, when unexpected staff illnesses created scheduling challenges, Kianna stepped up without hesitation. She seamlessly filled the gaps, ensuring our residents continued to receive the quality care they deserve. She did it so effortlessly that many residents likely never realized there had been a challenge at all, a true testament to her dedication and commitment to our community.

Kianna's knowledge, dependability, and genuine care for our residents make her an invaluable member of the Whaler's Cove family. We are grateful for everything she does each day and are proud to recognize her as this month's Employee of the Month.

Thank you, Kianna, for your unwavering dedication and for the calm confidence you bring to Whaler's Cove every day!



Introducing: Let's Talk Wellness

We're excited to introduce **Let's Talk Wellness**, a new educational program hosted by our Wellness Team!

This new series is designed specifically for the residents of Whaler's Cove, with discussions centered around health and wellness topics that are most relevant to our community. Sessions may cover subjects such as internal policies, healthy aging, medication safety, fall prevention, hydration, nutrition, memory health, seasonal wellness, and other topics that support residents in living their healthiest lives.

Our Wellness Team will share practical information, answer questions, and encourage open conversations in a relaxed and welcoming setting.

We're looking forward to hosting our first session and seeing how the program grows. While there isn't a set schedule just yet, we'll gauge interest after our initial presentation and announce future sessions as they're planned.

We hope you'll join us as we learn, connect, and explore ways to support health and well-being together!



National Senior Citizens Day

On August 21, we celebrate National Senior Citizens Day, a day dedicated to recognizing the invaluable contributions, wisdom, and life experiences of older adults.

At Whaler's Cove, we're honored to be surrounded each day by residents whose stories, resilience, and kindness enrich our community in countless ways. This special day is an opportunity to celebrate the lives you've lived, the memories you've created, and the lasting impact you've made on your families, friends, and communities.

We invite everyone to join us as we celebrate the remarkable individuals who make Whaler's Cove such a wonderful place to call home. Happy National Senior Citizens Day!

